

# SHC Heartbeat

Whatever you do, work at it with all your heart

Issue 1  
February 2026



## From the Principal

Kia ora koutou katoa	Namaste
Tālofa lava	Welkom
Fakaalofa lahi atu	Herzlich Willkommen
Kia orana	Witamy
Mālō e lelei	Nǐ hǎo Mālō ni

## Mana Tangata

### A Heart for the People

- ♥ I treat others the way I would like to be treated
- ♥ I actively listen to my teachers and peers
- ♥ I take responsibility for my actions
- ♥ I encourage others

Nau mai, haere mai, and a very warm welcome to the 2026 school year.

It has been a joy to see our young women return to school with such positivity, purpose, and enthusiasm. Thank you, parents and whānau, for the way you have supported your students to start the year so well. Their calm, organised, and respectful beginning sets a strong foundation for the learning and growth ahead.

Last Sunday's Gospel reading from Matthew 5:1–12 offered timely guidance as we gathered our new Year 9 students for their first day. In the Beatitudes, Jesus presents what Pope Francis describes as the "identity card" of Christians — a blueprint for living with compassion, humility, and courage. As we step into this new year, these teachings remind us that our character is shaped not by grand gestures, but by the many small, intentional choices we make each day.

*He maurea kai whiria – small things can have a great impact.*

As routines settle and relationships strengthen, I encourage you to remain closely connected with your student's journey. In the first instance, please reach out to her Kaiārahi, who is there to support her wellbeing, guide her progress, and ensure she is thriving in her learning. Please see the attached Attendance Plan.

I would also like to express my sincere thanks to all those who were able to join us on Friday for our liturgy and community barbecue. It was wonderful to welcome new families, reconnect with returning whānau, and introduce our new staff. Your presence and your partnership make a meaningful difference in shaping a strong, faith-filled school community.

May the year ahead be one of growth, grace, and many small moments that lead to great outcomes.

Ngā manaakitanga

**Katrina Kerr-Bell**

**Principal**

## Kōrero ā Whānau Conferences

**Wednesday 11 February – 11.30am-7.15pm**

A reminder to book a conference time with your students' Ako teacher.

Instructions below on how to book a conference. Please use a laptop as the conferences will not appear through the phone app.

[SchoolBridge Log in for Parents and Caregivers](#)

Students will be working from home on this day unless they are attending their conference.

**The following Hui will also take place on this day:**

1.00pm	NCEA Information	PAC
4.00pm	NCEA Information	PAC
5.30pm	Whānau Hui	Atawhai A1
6.30pm	Pacific Meet and Greet	PAC

## Introducing New Staff

Last Thursday was the first official day of school and at our Powhiri we welcomed our new staff and Year 9 students.

A big welcome to our new staff:

<b>Isobel Franklin</b>	Science and Kaiārahi AU9IF
<b>Lucy Haynes</b>	Health & Physical Education and Kaiārahi LI9LH
<b>Michaela Liko</b>	Teacher of Religious Studies
<b>Josiah Matagi</b>	Drama and Kaiārahi LI10JA
<b>Jordyn Mumby</b>	English and Kaiārahi AU11JM
<b>Julia Poasa</b>	TIC Learning Languages, Teacher of Samoan and Kaiārahi S9JP
<b>Ranjeev Singh</b>	HOD Mathematics and Kaiārahi AV10VS
<b>Robert Wade-Smith</b>	Commerce and Kaiārahi LO9RS
<b>Sam Chan</b>	Business Manager
<b>Isabel To'ia</b>	Sport Assistant

Sadly, we farewelled Vicky Thorby last week, however Sam is proving to be a very quick learner as our new Business Manager.

Kia ora, I am **Isobel Franklin** and I will be teaching Science and Biology to students at Sacred Heart College this year. I live in Petone with my family and I have recently been teaching at Wainuiomata High School. I enjoy tramping and reading in my spare time and I am very excited about joining the teaching team here at SHC and getting to know my students in 2026.



Kia Ora, Tālofa lava, Mālō e lelei, and a warm hello to you all. My name is **Lucy Haynes**, and I am thrilled to be returning to Sacred Heart College, this time as a staff member! As an ex-student, it feels special to be back in a place that holds so much history for me. This year, I am teaching in the Health & Physical Education Department and serving as the Kaiārahi for 9LH. Outside of the classroom, I love staying active in the outdoors. You might even spot me commuting over the Wainuiomata hill on my e-bike. I feel incredibly welcomed already and am looking forward to a fantastic year of teaching and learning alongside our students in 2026.



Tālofa lava, my name is **Taulapapa Michaela Liko**. I am Wellington born and bred spending most of my time in the mighty Rams land of Upper Hutt. I am a proud Samoan and eldest of four siblings. My parents serve as ministers of our EFKS church in Upper Hutt, so faith, family and service are core values to who I am and what I bring to my teaching role. I have been teaching for 5 years now and am new to the Secondary school space. I will be teaching Religious Studies, Year 9 Maths and English as a Second Language. I am grateful to be given the opportunity to teach at Sacred Heart this year and am looking forward to getting to know our tamariki, community and SHC aiga. Fa'afetai lava!



## What's On

Check the school calendar at [www.sacredheartcollege.school.nz](http://www.sacredheartcollege.school.nz)

### Week 3A

#### Mana Tangata

- 9 Feb Itinerant Music Lessons Start
- 10 Feb Performing Arts Registration Fair (lunchtime) PAC Foyer
- 11 Feb **Kōrero ā Whānau Goal Setting** (11.30am-7.15pm)  
**NCEA Intro for Parents at 1.00pm and 4.00pm PAC**  
**Whānau Hui** (5.30-6.30pm) Atawhai  
**Pacific Meet & Greet** (6.30-7.30pm) PAC
- 12 Feb Big Sister (3.30-4.30pm) Library  
Junior Poly Group Rehearsal (3.30-4.30pm) PAC  
Senior Poly Group Rehearsal (4.30-5.30pm) PAC
- 14 Feb Dragon Boating Harbour Fun Day (Frank Kitts Lagoon)
- 14-15 Feb DOE Bronze Qualifying Tramp (Kaitoke)

### Week 4B

#### Mana Tangata

#### Education Review Office in School

- 17 Feb Homework Club (3.30-4.30pm) Library  
Poly Group Rehearsal (3.30-5.00pm) PAC & Foyer
- 18 Feb Ash Wednesday  
Ash Wednesday Liturgies (9.30-10.40am)  
Māori Achieve (lunchtime) Atawhai  
Yr 9 Peer Support (2.35-3.20pm)  
Te Huatai Katorika Rehearsal (5.00-7.00pm) PAC
- 19-20 Feb Yr 13 Retreat (Brookfield Outdoor Education Centre)  
Yr 9 Camp (Remutaka Forest Park)
- 21 Feb Yr 9 Netball Have a Go Day (1.00-3.30pm) SHC Courts

Kia ora and tālofa lava, my name is **Josiah Matagi** and I am the new Drama and Performing Arts teacher. I come proudly from beautiful Naenae. In my spare time I love to get out for exercise and making art (I especially love wood carving). I'm super excited to be part of the Sacred Heart community and look forward to a wonderful 2026.



Kia ora, my name is **Jordyn Mumby** and I'm so excited to be back at Sacred Heart after teaching here last year as a student teacher. I grew up in and currently live in Tawa, but hope to move to Lower Hutt soon and make myself a part of this community. I'm a first year teacher and teach English. In my spare time I enjoy physical art like embroidery, crafts and photography. I look forward to having a stellar year at Sacred Heart helping our tamariki grow.



Tālofa lava. Mālō le soifua. My name is **Julia Poasa** and I am Sāmoan. I have lived in Te Whanaganui-ā-Tara the majority of my life. I am teaching Gagana Sāmoa and Health at Sacred Heart this year. I look forward to working alongside our students, staff, families and our Sacred Heart community. Fa'afetai.



Bula, I'm **Ranjeev Singh**, your Maths and Physics teacher, and the new Head of the Maths Department. I was born and raised in the beautiful islands of Fiji, before swapping sunshine and palm trees for Aotearoa New Zealand, the land of the long white cloud, six years ago. I've been teaching for 18 years, which means I've seen a lot of calculators, a lot of formulas, and a lot of "Do we need to know this?" moments. When I'm not crunching numbers or bending the laws of physics, you'll probably find me playing football or badminton, hitting the gym, or levelling up on the PS5. I'm really excited to be part of this awesome school community and can't wait to get to know you all.



## New Staff cont.

Kia ora, my name is **Rob Wade-Smith**. I am originally from West Yorkshire, UK but have now lived in New Zealand for 7 years and reside in Upper Hutt with my wife and two children. I teach both Social Studies and Commerce and I am really looking forward to teaching and learning with our new and returning SHC students this year



My name is **Sam Chan**, and I'm Singaporean/Malaysian Chinese but have lived in the Hutt Valley my whole life. I'm an accountant by trade (which made my mum happy), but have had roles in research, community development and careers development since. I've also been involved in youth development for 8 or so years. In my spare time I love to play indoor netball, find/eat good Chinese food, spend time with family and friends, collect cards and go quizzing. I'm looking forward to working with you all!



Malo e lelei, my name is **Isabel To'ia** and I am excited to return to Sacred Heart College as a staff member for 2026. Last year I served at the school as Head Student, and I'm ecstatic to remain among a school community that has shaped me into the person I am today. I'll be working part time in the sports office while also pursuing a double bachelor's degree in biomedical sciences and commerce at Victoria University. I'm looking forward to a very busy but rewarding year.



### Homework Club

Tuesdays 3.30-4.30pm  
Library  
Starts 17 February

### Māori Achieve

Wednesdays 12.55-1.45pm  
Atawhai A1  
Starts 18 February

### Big Sister

Thursdays 3.30-4.30pm  
Library  
Starts 12 February

## Pastoral System – Who to Contact

### Kaiārahi (Tutor/Ako teacher)

Your student's Kaiārahi is the teacher she meets with every day. They begin the day with prayer, check attendance and uniform, and provide general support and guidance. The kaiarahi is your student's first point of contact throughout her time at the College.

### House Dean (this is a change from the past)

Each house has a dedicated Dean who is responsible for both the pastoral care and curriculum oversight of the students within their house. Deans work closely with Kaiarahi and student leaders, and they help run house assemblies and events.

The Dean provides support for all students in their house, working alongside staff to ensure each student's wellbeing and academic progress. The Dean of the House is the key contact for students and whānau from Year 9 through to Year 13.

### Deputy Principal

Every house is also supported by a Deputy Principal to ensure students are well cared for and well connected.

**A list of Kaiārahi and Deans is attached to this newsletter for your reference.**

We have two counsellors at SHC

Dannie Fugler – Monday to Friday

Kirsten Edie – Thursday & Friday

### Sacred Heart College Counselling

Students can request counselling themselves by Teams messaging the counsellors or knocking on their door

[fuglerd@sacredheartcollege.school.nz](mailto:fuglerd@sacredheartcollege.school.nz)

[ediek@sacredheartcollege.school.nz](mailto:ediek@sacredheartcollege.school.nz)

### How will first appointments be made?

First appointments will be sent through individual Teams message directly to the young person.

Counselling is voluntary for our rangatahi.

### School Nurse Practitioners

We have School Nurses on site at SHC:

**Hours:** Monday Davina 9.00am-11.30pm

Tuesday Davina 9.00am-3.00pm

Friday Maya 9.00am-3.00pm

### Appointments:

Appointments can be made through the SchoolBridge booking link on the homepage, or via a QR code link found on posters around the school, or with support from a teacher or the main office.

Parents are welcome to make an appointment, and join their child if they wish.

Students can be seen for

- Coughs, colds, sore throats
- Skin issues such as eczema, skin infections, rashes
- Asthma
- Injuries due to sports /or other
- Nutritional advice and support
- Sleep advice and support
- Mental health: sadness, anxiety, stress, worries, bullying, friend issues
- Embarrassing questions, health education
- Health checks ie: vision and hearing tests



## 2026 Deans, Kaiārahi and Ako Groups

Deans / SLT Contacts	Ako	Kaiārahi	Room	Email
<b>Aubert Erica Tuese (ET)</b> <a href="mailto:tuese@ SacredHeartCollege.school.nz">tuese@ SacredHeartCollege.school.nz</a>  <b>Maria Kerr (MK) SLT</b> <a href="mailto:kerrm@ SacredHeartCollege.school.nz">kerrm@ SacredHeartCollege.school.nz</a>	AU9KF	Kent Findlay	E18	<a href="mailto:findlayk@ SacredHeartCollege.school.nz">findlayk@ SacredHeartCollege.school.nz</a>
	AU9IF	Isobel Franklin	E3	<a href="mailto:franklini@ SacredHeartCollege.school.nz">franklini@ SacredHeartCollege.school.nz</a>
	AU10SC	Sarah Jane Clifford-Duncan	E23	<a href="mailto:cliffords@ SacredHeartCollege.school.nz">cliffords@ SacredHeartCollege.school.nz</a>
	AU11JM	Jordyn Mumby	M2	<a href="mailto:mumbyj@ SacredHeartCollege.school.nz">mumbyj@ SacredHeartCollege.school.nz</a>
	AU12EB	Em Blackmore	RT2	<a href="mailto:blackmoree@ SacredHeartCollege.school.nz">blackmoree@ SacredHeartCollege.school.nz</a>
	AU13AW	Aimee Williams	E4	<a href="mailto:williamsa@ SacredHeartCollege.school.nz">williamsa@ SacredHeartCollege.school.nz</a>
<b>Avila Levaea Lia-Ramese (LL)</b> <a href="mailto:lia@ SacredHeartCollege.school.nz">lia@ SacredHeartCollege.school.nz</a>  <b>Ngaira Sewell (NS) SLT</b> <a href="mailto:sewelln@ SacredHeartCollege.school.nz">sewelln@ SacredHeartCollege.school.nz</a>	AV9FT	Fiona Trappitt	G3	<a href="mailto:trappittf@ SacredHeartCollege.school.nz">trappittf@ SacredHeartCollege.school.nz</a>
	AV10VS	Ranjeev Singh	E9	<a href="mailto:singhr@ SacredHeartCollege.school.nz">singhr@ SacredHeartCollege.school.nz</a>
	AV11CY	Caitlin Farley	E17	<a href="mailto:farleyc@ SacredHeartCollege.school.nz">farleyc@ SacredHeartCollege.school.nz</a>
	AV12GT	Lydie Guyot	M4	<a href="mailto:guyotl@ SacredHeartCollege.school.nz">guyotl@ SacredHeartCollege.school.nz</a>
	AV13SB	Simon Blandford	M3	<a href="mailto:blandfords@ SacredHeartCollege.school.nz">blandfords@ SacredHeartCollege.school.nz</a>
<b>Barbier Peter Miller (PM)</b> <a href="mailto:millerp@ SacredHeartCollege.school.nz">millerp@ SacredHeartCollege.school.nz</a>  <b>Ngaira Sewell (NS) SLT</b> <a href="mailto:sewelln@ SacredHeartCollege.school.nz">sewelln@ SacredHeartCollege.school.nz</a>	B9TK	Thom King	E24	<a href="mailto:kingt@ SacredHeartCollege.school.nz">kingt@ SacredHeartCollege.school.nz</a>
	B10MI	Mike Isaacs	C1	<a href="mailto:isaacsm@ SacredHeartCollege.school.nz">isaacsm@ SacredHeartCollege.school.nz</a>
	B11EG	Eloisa Genova	T2	<a href="mailto:genovae@ SacredHeartCollege.school.nz">genovae@ SacredHeartCollege.school.nz</a>
	B12NR	Natalie Rutherford	E7	<a href="mailto:rutherfordn@ SacredHeartCollege.school.nz">rutherfordn@ SacredHeartCollege.school.nz</a>
	B12JS	Jon Screech	E21	<a href="mailto:screechj@ SacredHeartCollege.school.nz">screechj@ SacredHeartCollege.school.nz</a>
	B13MD	Mademarie De Jager	E19	<a href="mailto:dejagerm@ SacredHeartCollege.school.nz">dejagerm@ SacredHeartCollege.school.nz</a>
<b>Lisieux David Young (DY)</b> <a href="mailto:youngd@ SacredHeartCollege.school.nz">youngd@ SacredHeartCollege.school.nz</a>  <b>Sinapi Taeao (ST) SLT</b> <a href="mailto:taeaos@ SacredHeartCollege.school.nz">taeaos@ SacredHeartCollege.school.nz</a>	LI9LH	Lucy Haynes	C3	<a href="mailto:haynesl@ SacredHeartCollege.school.nz">haynesl@ SacredHeartCollege.school.nz</a>
	LI10HH	Holly Hueston	P4	<a href="mailto:huestonh@ SacredHeartCollege.school.nz">huestonh@ SacredHeartCollege.school.nz</a>
	LI10JA	Josiah Matagi	S6	<a href="mailto:malagij@ SacredHeartCollege.school.nz">malagij@ SacredHeartCollege.school.nz</a>
	LI11DB	Deborah Blythen	E6	<a href="mailto:blythend@ SacredHeartCollege.school.nz">blythend@ SacredHeartCollege.school.nz</a>
	LI12RH	Richard Hatcliffe	RT1	<a href="mailto:hatcliffer@ SacredHeartCollege.school.nz">hatcliffer@ SacredHeartCollege.school.nz</a>
	LI13DH	Dana Holt	E25	<a href="mailto:holtd@ SacredHeartCollege.school.nz">holtd@ SacredHeartCollege.school.nz</a>
<b>Lourdes Tim Baxter (TB)</b> <a href="mailto:baxtert@ SacredHeartCollege.school.nz">baxtert@ SacredHeartCollege.school.nz</a>  <b>Sinapi Taeao (ST) SLT</b> <a href="mailto:taeaos@ SacredHeartCollege.school.nz">taeaos@ SacredHeartCollege.school.nz</a>	LO9RS	Robert Wade-Smith	E20	<a href="mailto:wadesmithr@ SacredHeartCollege.school.nz">wadesmithr@ SacredHeartCollege.school.nz</a>
	LO10BE	Bandana Reshmi	E2	<a href="mailto:reshmib@ SacredHeartCollege.school.nz">reshmib@ SacredHeartCollege.school.nz</a>
	LO11BD	Bronwyn Davies	M1	<a href="mailto:daviesb@ SacredHeartCollege.school.nz">daviesb@ SacredHeartCollege.school.nz</a>
	LO11UC	Udeni Chammika	E10	<a href="mailto:chammikau@ SacredHeartCollege.school.nz">chammikau@ SacredHeartCollege.school.nz</a>
	LO12TC	Tanya Conradie	C6	<a href="mailto:conradiet@ SacredHeartCollege.school.nz">conradiet@ SacredHeartCollege.school.nz</a>
	LO13JG	Julia Greaney	E13	<a href="mailto:greaneyj@ SacredHeartCollege.school.nz">greaneyj@ SacredHeartCollege.school.nz</a>
<b>Siena Claire Risk (CR)</b> <a href="mailto:riskc@ SacredHeartCollege.school.nz">riskc@ SacredHeartCollege.school.nz</a>  <b>Maria Kerr (MK) SLT</b> <a href="mailto:kerrm@ SacredHeartCollege.school.nz">kerrm@ SacredHeartCollege.school.nz</a>	S9JP	Julia Poasa	A2	<a href="mailto:poasaj@ SacredHeartCollege.school.nz">poasaj@ SacredHeartCollege.school.nz</a>
	S10SA	Sarah Adams	C5	<a href="mailto:adamss@ SacredHeartCollege.school.nz">adamss@ SacredHeartCollege.school.nz</a>
	S11RL	Rachel Laidler	E11	<a href="mailto:laidlerr@ SacredHeartCollege.school.nz">laidlerr@ SacredHeartCollege.school.nz</a>
	S12LP	Lucinda Paul	E22	<a href="mailto:paul@ SacredHeartCollege.school.nz">paul@ SacredHeartCollege.school.nz</a>
	S13RW	Rachael Worboys/ Katrina Kerr-Bell	C2	<a href="mailto:worboysr@ SacredHeartCollege.school.nz">worboysr@ SacredHeartCollege.school.nz</a> <a href="mailto:kerrbellk@ SacredHeartCollege.school.nz">kerrbellk@ SacredHeartCollege.school.nz</a>
	S13SD	Saul Treadwell	P1	<a href="mailto:treadwells@ SacredHeartCollege.school.nz">treadwells@ SacredHeartCollege.school.nz</a>

Sacred Heart College staff emails are generic, being [surnamefirstinitial@ SacredHeartCollege.school.nz](mailto:surnamefirstinitial@ SacredHeartCollege.school.nz)  
A full list of staff contact details can be found on the [SHC website](#)



## Sacred Heart College Attendance Plan

### 1. Daily Attendance Procedures

- Classroom teachers complete attendance each day /each session
- 11:00 am a text is sent out to caregivers for unexplained absences
- If no response office calls home and records outcome in SMS

### 2. Follow up Procedures

- Kaiārahi follows up on previous day's absences, update attendance codes and record notes in SMS
- If a student misses two days, the Kaiārahi contacts home again and records the communication.

### 3. Regular Attendance Communication

- Daily attendance email: Parot sends an attendance summary to each Kaiārahi and student
- Weekly attendance email is sent to parents/caregivers

### 4. Pastoral Monitoring

- The **Pastoral Team meets fortnightly** to analyse attendance data and identify patterns or concerns.

### 5. Stepped Attendance Response (STAR) Actions

<b>Yellow Zone</b> <b>(5-9 days absent in a term)</b> <b>Letter 1</b> sent home by Kaiārahi
<b>Orange Zone</b> <b>(10-14 days absent in a term)</b> Dean contacts home and sends <b>Letter 2</b> . A meeting is arranged with caregivers; support services may be engaged (Counsellor, Truancy, Health Nurse, Supported Learning).
<b>Red Zone</b> <b>(15+ days absent in a term)</b> Truancy Services Engaged/Possible progression to a <b>Principal meeting / Board involvement (Letter 4)</b> .

### 6. Medical-Related Absence Pathway

- **Medical Letters 1–2** may be issued.
- Engagement with **Health Services** occurs if absences are related to health concerns.

A link to Sacred Heart College's Attendance Policy can be found on SchoolDocs by searching 'Attendance'.

To access Sacred Heart College's policies and procedures, and review them, visit the SchoolDocs website [here](#), search for the College then enter the username (sacredheartcollege) and password (laingsroad)