

# SHC Heartbeat

Whatever you do, work at it with all your heart

Issue 11  
August 2025



## From the Principal

Kia ora koutou katoa	Namaste
Talofa lava	Welkom
Fakaalofa lahi atu	Herzlich Willkommen
Kia orana	Witamy
Mālō e lelei	Nǐ hǎo
	Mālō ni

## Sport & Cultural Photos Wednesday 13 August

Schedule available on our  
website [here](#)

Nau mai, haere mai, e te whānau,

This week's Gospel from Luke has offered a profound challenge and insight. For a long time, I struggled to grasp the meaning of the parable about the rich man and the "eye of the needle". That changed when I saw an illustration showing a narrow gate in the city wall, known as the eye of the needle, through which camels could only pass if they were unloaded.

This image reframes the parable beautifully: it's not just about wealth, but about what we're willing to let go of in order to enter into deeper relationship with God. It is a reminder that material possessions mean little if we neglect our spiritual lives. We are called to live generously, humbly, and with purpose.

My grandmother, a humble and wise woman, often said, "*You never go short of what you give others*". Her words echo the heart of this Gospel. True richness is found not in what we keep, but in what we share. A whakataukī that speaks to this beautifully is:

### Nāu te rourou, nāku te rourou, ka ora ai te iwi

With your food basket and my food basket, the people will thrive

This speaks to the power of collective generosity and shared responsibility. As a school community, may we continue to support one another, give freely, and grow together in spirit and kindness.

On Monday, I had the privilege of spending the day with our Kapa Haka rūpū at the regional competition. Our team placed first or second in 6 out of 8 categories. A phenomenal achievement. But what moved me most was a moment of quiet grace: when the two schools who qualified for Nationals were announced, our students stood, turned, and applauded them.

They had given everything to the campaign. And though they were hurting, they chose to honour others. As a Principal, I was deeply proud, not just of their performance, but of their character. That moment of humility and mana will stay with me for a long time.

Ngā mihi nui ki a koutou katoa.

Let us continue to walk together in faith, generosity, and aroha.

Ngā mihi nui

Katrina Kerr-Bell, Principal

## School Nurse Practitioners

We have School Nurses on site at SHC:

**Hours:** Monday Davina 9.00am-12.00pm  
Tuesday Davina 9.00am or 10.30am-2.30pm  
Friday Holly 10.00am-2.00pm



### Appointments:

Teams @nurse or email [nurse@sacredheartcollege.school.nz](mailto:nurse@sacredheartcollege.school.nz)

Parents are welcome to make an appointment, and join their child if they wish.

Students can be seen for:

- Coughs, colds, sore throats
- Skin issues such as eczema, skin infections, rashes
- Asthma
- Injuries due to sports /or other
- Nutritional advice and support
- Sleep advice and support
- Mental health: sadness, anxiety, stress, worries, bullying, friend issues
- Embarrassing questions, health education
- Health checks ie: vision and hearing tests

## Logistics for CCAs – Information for Parents

Please read carefully the logistics sheet on our website news [here](#) regarding days students will be sitting the CAAs. There is one day where Year 10 are working from home in Week 8.

## Loves-Me-Not Programme

This programme is being run for the Year 12 students on Friday 22 August. [Please read this information](#)

## Performing Arts Roadshow

In Week 2 our Performing Arts Department were off on the annual SHC-SBC roadshow. We visited/were visited by seven schools over three days. This was an amazing opportunity to show prospective students the wide range of performing arts offered here and to further our connection with our teina schools. Highlights included interactive performances where the primary students got involved and seeing what the St Bernard's Performing Arts Department get up to. We have taken away great memories and can't wait to do it again next year. *Vienna Serpa, Head of Performing Arts*



## Te Huatai Katorika – Kapa Haka Regionals Success

**He mihi nunui, he whakamiha hoki!** A huge congratulations to our incredible Kapa Haka rōpū Te Huatai Katorika, who represented us with pride, passion, and excellence at the recent Regional Competitions. Their performance was nothing short of inspiring, and we are so proud of each and every one of you.

This journey was made possible by the unwavering support of our ākonga who gave their all, the whānau who stood by us every step of the way, and the tireless efforts of Whaea Tawai, who managed all the logistics, paperwork, and noho with grace and dedication. A special thank you also to our amazing tutors, whose talent, guidance, and aroha helped shape such a powerful performance. Also, to our Head of Performing Arts Mike Isaacs who is always championing our students and ensuring our students shine.

We are thrilled to share our achievements:

- 1st Place Kākahu** (Best Uniform)
- 1st Place Whakaeke** (Entrance Item)
- 1st Place Waiata ā Ringa** (Action Song)
- 1st Place Kai Tātaki Wahine** (Best Female Leader) - *Hinetai Porter-Samuels, you were phenomenal!*
- 2nd Place Kai Tātaki Tāne** (Best Male Leader) - *Raniera Olsen, ka rawe!*

Although we missed out on qualifying for Nationals by just **one point**, our hearts are full of pride. The mana, wairua, and kotahitanga you brought to the stage was unforgettable.

Ngā mihi nui to all our tutors, whānau, supporters, and kaiako. Your aroha and commitment made this journey possible.

**Kia kaha, kia māia, kia manawanui – Te Huatai Katorika, tū kaha tonu!**

## What's On

Check the school calendar at [www.sacredheartcollege.school.nz](http://www.sacredheartcollege.school.nz)

### Week 5A

### Mana Mātauranga

### Library Week

- 10-15 Aug 13 OED Hillary Outdoors Trip
- 11 Aug Just Dance (lunchtime) Gym
- 12 Aug Sacramental Mass (PAC)
- Te Kāhui Waiako Pō Fiafia Evening (3.30-7.30pm) PAC
- 13 Aug Sport & Cultural Photos**
- Board Parent Rep Voting Papers Issued**
- Board Student Rep Nominations open**
- Māori Achieve (lunchtime) Atawhai
- Homework Club (3.30-4.30pm) Library
- 14 Aug Big Sister (3.30-4.30pm) Library
- 15 Aug Otago University Introductory Visit (lunchtime) P4
- Kapa Haka Rehearsals (lunchtime) PAC

### Week 6B

### Mana Mātauranga

### Tongan Language Week

### Cultural Week

- 17-20 Aug OED 202 Ski Trip (Whakapapa Ski Field)
- 18 Aug Sport Academy (9.00am-1.00pm)
- 19 Aug Enviro Club River Clean-up (3.00-4.45pm) Riverbank
- Cultural Performance Evening (6.30-8.30pm) PAC
- Student Rep Nominations Close (12.00 noon)
- Māori Achieve (lunchtime) Atawhai
- Homework Club (3.30-4.30pm) Library
- 21 Aug Te Kura Exams (9.00-12.00pm)
- Big Sister (3.30-4.30pm) Library
- YAFA (4.30-7.00pm) St Mary's College
- 22 Aug **Year 13 Tertiary Open Day**
- Year 12 Loves-Me-Not Programme
- Kapa Haka Rehearsals (lunchtime) PAC
- SHC Mission Council Quiz Night (6.30-10.30pm) PAC

## School Board Parent Rep Election

Nominations for Parent Representatives on the School Board have closed. Keep an eye out for Election Pilot's email with voting forms and candidate profiles – due Wednesday 13 August.

## New Staff

### Holly Hueston

Kia ora, my name is Holly Hueston and have been teaching for 16 years. I live in Lower Hutt with my husband and two young children. I have started this term at Sacred Heart as the Careers Development Coordinator. In this role, I am here to assist all students to make informed decisions about their future education, training and work pathways, within and outside college. I look forward to walking alongside and supporting the students at Sacred Heart College.





## Sacramental Programme Afternoon Tea

Our students taking part in the Sacramental Programme came into school with their whānau on Friday 1 August to share kai, learn about Confirmation, and meet with Fr Raja. It was a lovely event, and everyone is now looking forward to the Sacramental Mass on Tuesday 12 August, when Archbishop Paul Martin will join us at school.

*Paula Davies, DRS*

## Hip Hop – Code Red

Over the weekend our school's hip hop crew, Code Red, absolutely smashed it at the Hip Hop Unite NZ Schools Competition, coming first place in their category. All nine of our dancers put in a lot of hard effort and dedication that showed and paid off. Big thanks to our student leaders **Stella Herrick**, **Cassidy Papier**, **Addison Richards** and **Keira Churchward** for creating and organising our crew. Thank you to Mrs Laidler for your support and help with making this possible.

*Keira Churchward*

This win gave the crew entry to the National competition.



## Sport

### Fencing Secondary Schools Nationals

**Jessica Sawyer**, **Jody Sawyer** and **Angelina Stanley** recently competed in the Central Secondary Schools Fencing Championships. Jessica and Jody competed in individuals and formed a Sacred Heart College team with Angelina. Congratulations to the team on winning the Central Secondary Schools Women's Championship for foil.



### Rugby League Wainuiomata Lionesses win Wellington Competition

Huge congratulations to our students who played in the Wainuiomata Lionesses Rugby League teams that won the Wellington competitions last weekend. Sacred Heart students were:

U14s – **Leah-Ray Roil**, **Brooklyn Sam**, **Milan Leo-Patea**, **Athena Papalii** and **Malia Malaelulu**.

U15s - **Eva Roil**, **Talia Timoteo**, **Taliah Mapakaitolo**, **Shayla Habib**, **Ella-Jireh Fonoti**, **Maia Mapakaitolo** and **Lillyana Fenika**.


### Table Tennis College Sport Wellington Individual Competition

We recently entered two students in the CSW Table Tennis Individuals. The students did very well with **Abi Calian** coming second in the junior grade and **Riho Takanashi** coming third in the senior grade.



### Sport Fundraising

Link to SHC Fundraising page at NZ Uniforms [here](#)



Te Omanga Hospice  
Te Whare Mānaki Tangata



Let the smartest team win!

# SHC QUIZ NIGHT 2025

FRIDAY 22<sup>ND</sup> AUG 7PM


DOORS OPEN @6:30

SHC PAC

\$80 PER TABLE

4-6 PEOPLE

COME ALONG AND RAISE MONEY FOR A GOOD CAUSE



GET YOUR TICKETS HERE

RAFFLES AVAILABLE THE WEEK BEFORE IN MISSION HOUSE AND ON THE NIGHT

SUPPORT SACRED HEART SPORT

BUY OUR FUNDRAISING HOODIE FOR \$70 OR BEANIE FOR \$35

FOLLOW THE LINK IN COMMENTS TO PURCHASE BY MONDAY 11 AUGUST



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