

SHC Heartbeat

Whatever you do, work at it with all your heart

Issue 4
March 2025



From the Principal

Kia ora koutou katoa	Namaste
Talofa lava	Welkom
Fakaalofa lahi atu	Herzlich Willkommen
Kia orana	Witamy
Mālō e lelei	Nǐ hǎo
	Mālō ni



Staff Only Days
Thursday 27 March
Friday 28 March

Nau mai, haere mai, e te whānau

This Sunday's Gospel reading Luke 4:1-13 describes Jesus' time in the Wilderness in the lead up to Holy Week.

As we reflect on Jesus' time in the wilderness, we are reminded that true growth and strength come from perseverance and faith, not just immediate rewards. Just as Jesus remained steadfast in his mission. As the days are getting cooler, the workload is creeping up we encourage our students to stay committed to their learning by engaging fully in school and attending every day, knowing that their efforts will shape their future. As the Māori proverb reminds us:

Whāia te iti kahurangi, ki te tūohu koe, me he maunga teitei
Pursue excellence, and if you must bow, let it be to a lofty mountain.

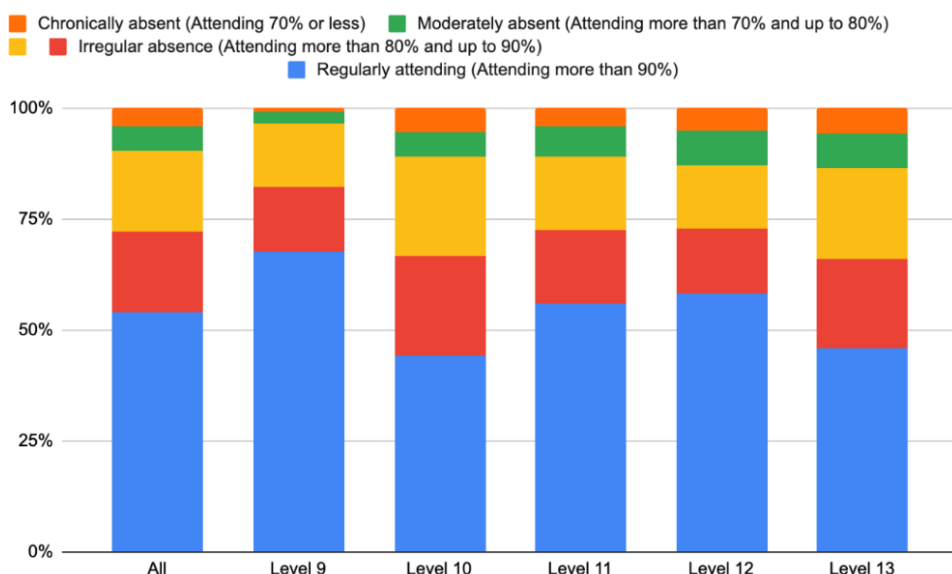
During this Lenten period, may we continue to reflect on our own lives, our challenges and our contribution to the communities in which we live, using the Gospels and Jesus Christ himself as our guide and companion.

Ngā mihi nui

Katrina Kerr-Bell, Principal

Attendance

We have been pleased with the increase in our attendance. So far this term 66% of our students have been at school 90% of the time or more. We know students thrive when they are present. Being at school allows students to feel supported, connected, and engaged in their learning. Attendance at school is key to success with learning.



"Attendance at school is foundational to unlocking success and wellbeing. We know that school attendance positively impacts learners' engagement with schooling, social connections and behaviour, retention and overall achievement (Hancock et al., 2013)." (Education Review Office [ERO])

Updated Fact Sheet from NZQA about NCEA

Link to [Candidate Information Sheet](#)

Relay for Life

If students still want to take part, we have moved the cut-off date to **Friday 28 March**. Please approve the permission slip online through the school portal.

Parent help is still needed between 12 midnight Saturday and 5.00am Sunday 6 April. Please contact Ngaira Sewell if you are able to help sewelln@sacredheartcollege.school.nz

Bettylicia Sa'u – Head of Pacific



Talofa Lava! My Name is Bettylicia Sa'u and I am greatly honored to be your Tautai o le Pasifika, Head of Pacific for 2025. I am really excited to work alongside the amazing leadership team for 2025. A little bit about me, I hail from the beautiful islands of Samoa and I am part Chinese and Trinidad descent. I was born and raised in Wainuiomata, Lower Hutt with my family of 9. Being a PK (Pastors Kid), my Christian faith has continuously played a huge role in who I am today. One thing about me is I value my sleep a lot. It's the one thing I look forward to every day. As this is the first year of having this new leadership role, I hope to achieve to my best and ensure that we are united as one. I can't wait for what God has planned for us this year. Fa'afetai Lava.

Aiymani Taueki –Head of Māori



Kia Ora, my name is Aiymani Taueki and this year I have the privilege of being your Kaitaki Māori which is your Head of Māori for 2025. I am a Māori Fijian-Indian born and raised in my hometown of Gisborne. I moved down to Wellington in 2011 and have been living around the Hutt ever since. It has been a long journey to where I am now but am forever grateful for everything. The thing I value is my Whānau and friends who all play a huge part in my life towards my attitude, my morals and values, but more importantly who I've become today. As this year brings new experiences and opportunities, I push myself to do all that I can towards my role and want to make sure that we fill this year with Gratitude, Aroha and Manaakitanga together. Ngā Mihi.

Tutoring

Launched in Week 5 of this term, our new schoolwide tutoring program is now in full swing. In this initiative, students are paired as tutors or tutees based on their skills and the areas where they need help. This personalised approach builds confidence for those receiving help and gives tutors valuable leadership experience, service hours, and boosts for their resumes and scholarship applications.

Tutoring sessions happen twice a week in the library and are open to all students. We encourage everyone to sign up, whether you're looking for extra academic support or want to share your knowledge with others. You can find sign-up information on year-level team pages and posted around the school.

Sophie Mayo, Head of Academic

What's On

Check the school calendar at www.sacredheartcollege.school.nz

Week 9A

Theme: Mana Tangata

Summer Tournament Week

- 24 Mar Victoria University Introductory (lunchtime) P4
25 Mar Peer Support (2.35-3.20pm)
Poly Club Practice (2.45-4.00pm)
Netball Trials Junior (5.30-7.30pm) Taita Netball Courts
- 26 Mar Auckland University Introductory (lunchtime) P4
Māori Achieve (lunchtime) Atawhai
Homework Club (3.30-4.30pm) Library
Saili Malo Career Pathways (3.30-5.30pm) Atawhai
Te Huatai Katorika Rehearsal (5.00-7.00pm) SBC
School Board Meeting (7.00-8.30pm) Library
- 26-30 Mar DOE Gold Qualifying Journey (Lake Waikaremoana)
- 27 Mar Staff Only Day** – Students Work from Home
Netball Trials Junior (5.30-7.30pm) Taita Netball Courts
- 28 Mar Staff Only Day** – Students Work from Home
- 29 Mar Netball Trials Junior (1.15-3.15pm) Taita Netball Courts

Week 10B

Theme: Mana Tangata

- 1 Apr Lourdes Feast Day
Peer Support (2.35-3.20pm)
Poly Club Practice (2.35-4.00pm)
- 2 Apr Māori Achieve (lunchtime) Atawhai
Homework Club (3.30-4.30pm) Library
Saili Malo Career Pathways (3.30-5.30pm) Atawhai
Te Huatai Katorika Rehearsal (5.00-7.00pm) SBC
- 3 Apr Staff vs Students Netball (lunchtime) Gym
Big Sister (3.30-4.30pm)
Poly Club Practice (4.30-6.00pm)
Pō FiaFia Fundraiser (6.00-8.00pm) PAC
- 4 Apr Kapa Haka Rehearsal (lunchtime) Atawhai
- 5 Apr Barbershop Quartet Comp (3.00-8.00pm) Tawa College
- 5-6 Apr Athletics NISS Champs (Hamilton)
Relay for Life (Sky Stadium)

Year 9 Camp

In Week 6 the Year 9s and Year 12 Peer Supporters went to Remutaka Forest Park for camp. When we arrived at the campsite we quickly unpacked then split up into two groups for our activities. One group set off for team building activities and the other set off for a very long walk/tramp. After everybody finished their activities, we started setting up our tents and cooking our dinner. At around 6.00pm we performed class skits which was great fun. At 9.00pm all the teachers rounded up everybody to sleep, but we all know no one really slept. It was a tough night due to it being so cold, but we managed to get through it. The next day was pretty much the same as the first day. Camp was an amazing experience and we thank the school for giving us an opportunity to go to camp.

Lani Duff-Touhuni and Athena Papalii (9EM)



Year 11 PEO Trip

The two Year 11 Physical Education, Sport and the Great Outdoors classes had a great day out last Friday experiencing a day of Indoor Rock Climbing and Kayaking around Wellington Harbour. Students used strategies to promote Kotahitanga to keep each other safe and to test their practical skills in an outdoor setting. *Miss Fiona Trappitt, HOD Health & PE*



Year 13 Health Fieldtrip

The Year 13 Health classes had the privilege of learning about rongoā (traditional Māori medicine) at Ōrongomai Marae on last week.

They were very blessed to be provided with the mātauranga from local tohunga and experienced practitioners of rongoā, Whaea Dom, Nanny Lorna, Whaea Shar and Whaea Karen. We thank them for sharing their knowledge and wisdom with us, helping our students learn and understand the many benefits of Rongoa.



Sport

College Sport Wellington Tournaments

Futsal: Our Senior A Futsal team completed in the CSW tournament on 12 March. The team drew in the bowl final. We now look forward to the team playing in the National tournament in Wellington over Summer Tournament Week. Many thanks to Gavin Barber for coaching the team.

Kī-o-Rahi: We had three teams competing in the CSW girls Kī-o-Rahi tournament. Our Whero and Pango teams met in the final with Whero winning the event. A great day was had by all and thank you to Jessie Robertson, Tash Timoteo, Ashleigh Roil and Lucia Kasiano for supporting the teams.



Sport Cont.

Kilikiti: SHC entered a team in the first CSW Kilikiti tournament on 10 March. The team had a great day with some close games. Thanks to Sinapi Taeao and Sabrina Brown for supporting the team.



Touch Rugby: Our Senior A team competed in the CSW tournament at Fraser Park on Friday 14 March. The team made it to the final and lost 5-7 to St Orans College. We continue to consistently reach the final in this event; thanks to Claire Risk for supporting our touch team.

Volleyball: SHC had two teams competing in the CSW Regional Volleyball tournament on 7 and 8 March. Our Senior A team won the tournament, in a close final against Wellington Girls'. Our Siapo team came second in Division 2, a great achievement for the team of Year 10s. Tournament team (best in their position at the tournament) were **Meleane Pole'o, Ashlee Yee, Sueanna William Ah Ken and Sydney Roma**. Meleane was also the tournament overall most valuable player. We wish the team well for the National tournament in Palmerston North starting 24 March. Thank you to Tessa Siolo-Thompson, Nevo Siolo-Tuiletufuga, Mere Tanidrala and our wonderful past students who have supported the team this term.



Other Sport

Fencing: Congratulations to fencing students **Jessica and Jody Sawyer** in Year 12, who took part in the U15 and Cadets Fencing competition at Rongotai School. Both girls did very well in the U17 (Cadet) Foil. They have also been elected to be the Youth Representatives for the Committee.

Rugby League: Congratulations to **Blaire Apu'ula, Maia Mapakaitolo, Rangitiare Graham, Talia Timoteo and Taliah Mapakaitolo** on their selection into the Wellington Under 16 Orca's 9s team in 2025. All the best for the season ahead.

Equestrian: **Savannah Allen** competed at the Nga Tawa Interschool competition this week. She competed in the 1.05m Showjumping class and came 4th, placing 6th overall.



Performing Arts Leadership Planning Day

Recently, our Performing Arts Council had their retreat. We went to the Dowse Art Museum to connect, come up with a 2024 theme, and plan for the year ahead. The theme decided on was connection, and through this year's events we can't wait to strengthen our connections within the department, school and wider community. The leaders had a great time together and are so excited about performing arts in 2025. Keep an eye out for all the exciting events we have planned for this year.

Vienna Serpa, Head of Performing Arts



YAFA at St Mary's

On Thursday, March 6th, a group of SHC senior students made their way to St. Mary's for the first YAFA of the year! We kicked off the event with a fun game of Bible character and story charades in small mixed groups. Afterward, we explored the significance of the Jubilee Year in the Catholic Church, followed by a quiz on the topic. The evening wrapped up with some exciting riff-offs and, of course, pizza! It was a great night and we are all looking forward to the next one later in the term.

Jessica Greaney, Head of Special Character



Performing Arts Workshops

On Wednesday, 12 March, members of our Jazz Funk Band and Jazz Combo took part in the Te Awa Kairangi Jazz Workshop at Sacred Heart College. Sponsored by Victoria University, the event brought together students from all over the Hutt Valley to learn and practise playing jazz music. Students were split into small groups based on their instruments, featuring piano, bass, guitar, woodwind instruments, brass instruments, and drums, where they received practical skills for playing jazz music from experienced tutors.

The workshop featured small jazz ensemble rehearsals, improvisation classes, and an exciting opportunity to collaborate with peers in four small combo groups. Each group performed 1-2 songs in front of an audience at the end of the workshop which showcased new skills they had picked up along the way. It was an inspiring and rewarding experience for all of those involved. On other days, our Poly Club, Kapa Haka group, Concert Band, String Orchestra and Choir had group workshops. This was a great time to connect as a group and get to know each other. Highlights included Choir bringing all their sectionals together, Poly Club working on their Pō Fiafia night items, Kapa Haka preparing for regionals and both concert band and string orchestra helping teach beginners pieces. We're all so grateful for these amazing opportunities to play music together.

Vienna Serpa



International Students

Four international students from Japan (Ritsuko, Momoko, Miku and Yui) spent time with Year 10 Japanese language students, creating a fantastic cultural exchange experience. They demonstrated how to wear traditional Japanese yukata, taught the art of origami, and shared authentic Japanese snacks. It was a wonderful opportunity for students to immerse themselves in Japanese culture and strengthen their connection to the language.

Mrs Sarah Knowles, TIC Japanese and International Director



Uniform Shop

A reminder that we move into Winter uniform at the start of Term 2.

With the new bank account rules, please ensure you are using the correct account name and number for online purchases from the Uniform Shop.

Bank Account

Sacred Heart College
ASB 12-3478-0057579-00

Message from Attendance Dues



Archdiocese of Wellington

0800 462 725 | dues.adw@cathconnect.nz

Attendance Dues 2025

The 2025 Attendance Dues invoices have been generated and are starting to be emailed out to families.

For those families who have been into school this year and have been approved assistance, a comment has been placed in the email to families advising them the invoice does not include any approved assistance, but these will be processed, and the families will be advised by the end of the week.