

SHC Heartbeat

Whatever you do, work at it with all your heart



Issue 5
April 2024



From the Principal

Kia ora koutou katoa
Talofa lava
Fakaalofa lahi atu
Kia orana
Mālō e lelei

Namaste
Welkom
Herzlich Willkommen
Witamy
Nǐ hǎo

Mālō ni

Early Finish

School finishes at 12.30pm
on Friday 12 April
Buses are on their normal
timetable

As I write my last newsletter ever, I am reflecting on my time here at SHC which spans over 40 years.

I remember being here as a 3rd form student in 1982 and recall the fun parts of school life like playing netball, Duke of Edinburgh tramps, Feast days and lunchtimes hanging with my friends.

Now, as Principal here for just over 9 years, I can recall some tough times, but fortunately these are outweighed by the good times.

I have enjoyed being part of Euphrasie Barbier's vision and seeing students have the chance to be the very best version of themselves.

I have had so many proud moments when students have excelled both in and out of the classroom, when they have represented themselves, their whānau, and our school so well.

I love moments when students work hard and are rewarded for this, but I love it even more when that is coupled with grace and humility. I love seeing students being good people and living out the values we hold.

Grateful for all that Sacred Heart College has given me, I feel privileged to have had the opportunity to work with so many great staff, students and their whānau.

I wish you all the very best for the remainder of the year, knowing that there is still work to be done but also knowing that the school is in good heart and good hands.

Arohanui and blessings

Nō reira, tēnā koutou, tēnā koutou, tēnā koutou katoa

Maria Potter, Principal

♥ HEART Values Draw ♥

**Mana Atua, Mana Mātauranga, Mana Tangata,
Mana Whenua, Mana Tīpuna**

- Year 9:** **Shae Atienza** and **Nada Lologa** (both Mana Mātauranga)
- Year 10:** **Kara Carlos** (Mana Tīpuna) and **Summer Shen** (Mana Tangata)
- Year 11:** **Nora Crichton** (Mana Tangata) and **Toby Ricketts** (Mana Mātauranga)
- Year 12:** **Kathryn Chapman** (Mana Tīpuna)
- Year 13:** **Penny Stanfield** (Mana Mātauranga) and **Chyna Ivona** (Mana Tīpuna)

Senior Leadership Term 2

Principal Katrina Kerr-Bell joins us in Week 6 of Term 2.

In the weeks before Mrs Kerr-Bell commences, Deputy Principal Maria Kerr will step up to Acting Principal.

HOD of Social Sciences, Anna Peszynski, will step up as Acting Deputy Principal.

What's On

Check the school calendar at www.sacredheartcollege.school.nz

Week 11A - Theme: Mana Tangata

Last week of Term 1

11 Apr Big Sister (3.30-4.30pm) Library
Poly Group Practice (3.30-4.30pm) PAC

12 Apr **Last Day of Term 1**

School Finishes at 12.30pm

Please check the school calendar for events over the holidays

Week 1A - Theme: Mana Tīpuna

First Week of Term 2

29 Apr **First Day of Term 2 – Winter Uniform**

30 Apr Senior Poly Group Practice (2.45-4.30pm) PAC
1 May Māori Achieve (1.35-2.15pm) A1
Homework Club (3.30-4.30pm) Library
2 May Big Sister (3.30-4.30pm) Library
Poly Group Practice (3.30-4.30pm) PAC

Ticket sales are now open

for Sacred Heart and St Bernard's production of

**LEGALLY
BLONDE**
The Musical JR.

For more information and to buy your tickets [click here](#)

Dates Wednesday 15 May to Saturday 18 May

Hutt Valley Regional Barbershop Workshop

We hosted the Barbershop workshop on 22 March with great success, bringing together students from Hutt Valley High, Naenae, Upper Hutt, and Rongotai Colleges. The workshop was led by Wellington Young Singers in Harmony, whose talented members created an energetic and vibrant atmosphere filled with music and collaboration. During this workshop, participants learned a new song and improved their vocal abilities while immersing themselves in the art of harmonies. Together, they were able to enhance their musical abilities as well as have fun. This uplifting event was an amazing opportunity for Sacred Heart Barbershop Chorus, where the enchanting power of music brought people together in perfect harmony.

Sabreen Berhane 11MC



Sāili Mālō

Sāili Mālō, meaning "prosperous life" in Samoan, is a Year 12 and 13 careers pathway programme, offered to our senior Pacific students and their families at Sacred Heart College. Our students attend this programme every two weeks after school on Wednesdays. We discuss life after school and explore numerous career paths, by reading the stories of other Pacific peoples and establishing our own goals for life beyond school. Our students have been working hard, planning and sharing their dreams and goals. Ola fuafua lelei!

Chyna Ivona, Head of Culture

A New Dawn Across Aotearoa Project

Over the past eight weeks, the Pacific Performing Arts students have been working on A New Dawn Across Aotearoa project, based on the book "A New Dawn" written by Emeli Sione for Mila's Books. This project studied the effects of the Dawn Raids and shows support in Pacific People healing over generations.

In small groups, the students were able to beautifully produce and choreograph their own siva Sāmoa based on their interpretations of the Dawn Raids.

Lisa Roberts from Milas books was so impressed by the responses from our students, she quotes: "Wow! Your girls are amazing! Beautiful! I'm still processing everyone's submissions, but from what I've seen so far, your girls have gone above and beyond and have set the standard very high!". Mālō lava le gālulue PPA!

Miss Levaea Lia

Holy Week

This Holy Week we celebrated Jesus' death and Resurrection with a Stations of the Cross display made by our Special Character Council, cross-making at lunch time, and two beautiful Holy Thursday liturgies. Thank you to the whānau who joined us for the liturgies. Please feel free to come to see the empty tomb display that is now in our foyer.



Little Hearts Day



Little Hearts Day is a charity day raising funds for Heart Kids NZ, who support children who live with heart conditions and their whānau. Every week 12 families are told that their child has a heart condition, and there is no current cure for childhood heart conditions.

Heart Kids provides lifelong support for the children affected by these conditions.

For our fundraiser we baked and iced heart-shaped cookies and had a non-uniform day. In the end, we raised \$983.40 for Heart Kids.

Michaela Caughley

Relay for Life

On 23-24 March our SHC Lions Relay for Life team started running round a track at the Trentham racecourse at 3pm to bring awareness of cancer. Each year level had a time slot and took their turns running with the baton.

During the day we heard from supporters, survivors and walked around the track for the candlelight ceremony. We ended Saturday night with the year 13s running from 12.00am until 8.00am Sunday morning to show that cancer never sleeps.

We went above and beyond our goal and fundraised over \$20,000 for the three short weeks we were fundraising. We are so proud of the efforts and attitudes our students had during this time

Emily Smith 13DY



Congratulations



Ysabelle Balao and **McKayla Ruaburo** are Award recipients of an Academic Achievers Award for Migrant and Refugee students. This was based on their academic performance for the 2023 year and NCEA Level 2 achievements.

Sport

Summer Tournament Week SHC participated in four tournaments over Summer Tournament Week:

Basketball 3X3: This tournament was held at Walter Nash in Taita. The SHC team played very well narrowly losing the 3 and 4 play-off. Thanks to RJ Wichman, Isabel To'ia and Jessie Gil for their support of the team.

Cricket: Our cricket team played in a new 6-a-side tournament and it was enjoyed by all. We appreciate the support of Rachel Watson who managed the team.

Futsal: A very spirited Senior A Futsal team played at Ākau Tangi Sports Centre in Kilbirnie in the Secondary School National Futsal tournament, a first for the school. The team had plenty of close games, including a draw. As Futsal is a growing sport for girls, we look forward to competing in the future. Many thanks to Gavin Barber and Pippa Beams for supporting the team.

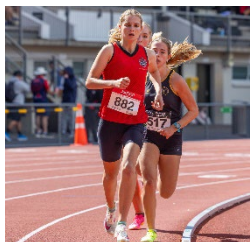
Volleyball: Our Senior A team competed in the Secondary School National Tournament in Palmerston North. The event is one of the biggest sporting competitions with 103 girls' teams alone. SHC won 2 out of 3 pool games qualifying for Division one. The final team placing was 11th with plenty of good volleyball played. A special thank you to Nev Siolo-Thompson, Tessa Siolo-Thompson and Jada Skipper-King for supporting the students.



Athletics

Eight SHC students qualified for the Athletics Regional event held on Tuesday 26 March. SHC won the girls' relay and placed in the top three in several events. Results were:

- **Savannah Allen** - Girls 1500 Metre Run Intermediate -9th
- **Milana Burt** -100 Metre Run Junior 14th and 200 Metre Run Junior 12th
- **Rangitiare Graham** - 200 Metre Run Intermediate 7th, Shot Put 3.000kg Intermediate 2nd, Discus Throw 1.000kg Intermediate 3rd
- **Katie Jordan** - 1500 Metre Run Intermediate 7th, 800 Metre Run Intermediate 8th
- **Paloma King** - 100 Metre Run Intermediate 4th, 80 Metre Hurdles Intermediate 1st, Long Jump Intermediate 1st
- **Gwen McGrath** - 3000 Metre Run Intermediate 7th
- **Sari Willis** - 100 Metre Run Intermediate 5th, Long Jump Intermediate 4th
- **Madison Wos** - 3000 Metre Run Intermediate 1st, 1500 Metre Run Intermediate 2nd
- **Milana Burt, Rangitiare Graham, Paloma King and Sari Willis** - Girls 4x100 Metre Relay Senior 1st



Relay

Congratulations to **Savannah Allen, Rangitiare Graham, Paloma King, and Madison Wos** for being selected into the North Island Secondary School Wellington team to compete in early April 2024.

End of Term 1 Summer Sport

We are coming to the end of Term 1 sports and our teams have done very well in the College Sport competitions, highlights are:

Bowls: Both our SHC Red and SHC Grey teams played in the Lower Hutt Valley final on Thursday. The red team won the game and will be playing in the regional playoffs on Thursday 11 April. We appreciate the support of Dana Holt with our bowls teams.

Futsal: Our Junior Red Futsal team won the Hutt Valley Junior Division One competition. Our Senior A team is also won the Senior final on Friday night with a very close 6-5 won over Heretaunga College. Thanks to Gavin Barber and Charlie Beams and all those who managed our teams this term.

Touch: Both our Senior A and Senior Social came second in their finals. Thank you to Claire Risk, Rae Abbott, Anna Tapa, and Ruby Burrell for supporting the teams.

Volleyball – SHC had a very good season with lots of great games played by all the teams. The following teams reached the Hutt Valley finals:

- Senior A – won Division 1 against St Orans in the final
- Junior Lions – won Division 1 against Taita College in the final
- Junior Kaitiaki and Junior Tigers – Kaitiaki winning in a close game
- Junior Taiaha and Junior Waka – Taiaha winning the game

SHC won all the Hutt Valley grades except for Senior Division 2. Thank you to all the amazing people that supported our volleyball programme in term 1, Tessa and Nev Siolo-Thompson, the team managers, and our Senior A team students.

Water Polo: SHC is playing Palmerston North Girls High School in the final on Thursday 11 April – 7.10pm at Huia Pool.

Individual achievements:

Artistic Roller Skating: The College Sport Figure Skating event was held at Upper Hutt Skating club and **Sophia Heagren** came 1st place in both Cadet Figures and Cadet Free Skating.

Cricket: **Sophie Niclaus** has been selected to play in the Wellington Wanderer's 40 over Schoolgirls Clash. Sophie was also recently awarded the Upper Hutt Cricket Club Porter Trophy for Emerging Female Cricketer 2023 - 2024.

Golf - Uryah Time won the College Sports Wellington Individual Girls Best Gross Championship. She shot 74 for the win.



Motorcross: **Bailey Newbould** last weekend won the New Zealand Central Cross Country Title in the Women's 12-16 age group at the final round of the series at Tinui, Wairarapa. The race is for 1.5 hours non-stop, a test of endurance, determination, and skill over three different locations and weekends.

Tag Rugby - Rangitiare Graham and Blaire Apu'ula have been selected for the Tag NZ Wellington U15 team. They will be competing in Australia in November.

Mrs Simone Naylor, Sport Director