SHC Heartbeat

Whatever you do, work at it with all your heart



Issue 16 October 2022



From the Principal

Kia ora koutou katoa Talofa lava Fakaalofa lahi atu Kia orana Mālō e lelei

Namaste Welkom Herzlich Willkommen Witamy

Nǐ hảo Mālō ni

Senior Prize Giving
Monday
31 October 2022
7.00pm

It was pleasing to have the whole school together on Tuesday to celebrate and showcase some of the successes of this year. The celebration was diverse, colourful, and vibrant and a reflection of who we are as a school. We are a group of individuals who have our own uniqueness but when joined together make up a sisterhood that works as one.

I want to specifically mention our Year 13s. They are a group of students who have endured three years of Covid disrupted learning and their entire five years at SHC without Mission House, and they will not get the opportunity to experience the new Mission House either. What I love about this group of young people is their real desire to serve our school. It was never about them as individuals but always about what they could do for the school and what they could do for their fellow students. Thank you to each one of them for their part in leading the school in 2022.

We are nearly at the end of the year and end of year exams. Senior student focus is on getting what they need to ensure the year is a successful one. Learning doesn't stop after senior prize giving, and there will be further opportunities to learn up to the end of the year. Thank you to staff who are working hard with further learning opportunities and for their relentless support.

I want to wish seniors every blessing for the next few weeks and exams. Stay focussed on the finish line, take care of yourself and each other.

To our juniors we have got a wee way to go yet, and we have some great activities organised to end the year with. I am looking forward to ending the year positively.

Nō reira, tēnā koutou, tēnā koutou katoa Maria Potter, Principal

Senior Prize Giving – 31 October 7.00pm

- Year 13 and prize winners practice in the PAC at 10.00am. Students to be in non-uniform for this practice.
- All Years 11,12 and 13 are expected at the Senior Prize Giving on 31 October. Rolls for students will be taken at 6.30pm, with the commencement of the awards starting at 7.00pm.
- Full winter uniform with ties and blazers. No vests or jerseys. Trousers, lavalava, and regulation shorts are allowed. Shoes and socks or black opaque stockings and shoes. Hair to be tied up as this is a formal occasion.
- **Note:** There is no parking available in the school grounds.

Farewell and Welcome

We farewelled Hansa Patel at the end of Term 3, and welcome Anita Whyte to the Science department as Laboratory Technician.

What's On

Check the school calendar at www.sacredheartcollege.school.nz

Week 3A Term 4

Theme: Mana Mātauranga

31 Oct Senior Prize Giving – 7.00pm start

1 Nov Yr 10 Performing Arts Production – 6.00pm

2 Nov Māori Achieve

Homework Club

Yr 10 Performing Arts Production – 6.00pm

3 Nov Talanoa Sessions: Pacific Community 5.30pm staffroom

4 Nov DOE Silver Training Day

Talanoa Sessions: Pacific Community 5.30pm staffroom

Week 4B

Theme: Mana Mātauranga

7 Nov Talanoa Sessions: Pacific Community 5.30pm staffroom 8 Nov Talanoa Sessions: Jnr Pacific Students 2.30pm C1

9 Nov Homework Club

10 Nov Talanoa Sessions: Pacific Community 5.30pm staffroom

11 Nov Talanoa Sessions: Pacific Fathers 5.30pm staffroom

NCEA

- Examinations start on Monday 7 November and finish on Friday 2 December.
- Students must bring their examination admission slips with them. Once issued to students, these must be kept in a safe place.
- Study leave commences from Tuesday 1 November.
- If students are coming into school for tutorials, they may wear non-uniform. They must sign in and out on the Vistab outside S2.
- Most students will have returned school resources eg books. If these are outstanding, they must be returned to the library by 8 December. This includes laptops on loan.

Building Connections

On Thursday 15 September 12 Year 9 and Year 10 students

assisted in the running of the Athletes with Disabilities event at Newtown Athletics Park. They assisted in the roles of timekeeping, scorina and supporting the athletes. The students ran the warm-up for the athletes which was fun and exciting for everyone involved.



Bryan Dickinson, Executive Director for College Sport Wellington said: "The students were amazing all day, starting with a great jump jam warm-up in the morning that got everyone going."

Thank you to the students who assisted at the event, it was a great success and without you these events could not take place.

On Friday 16 September some Junior students volunteered at the Primary School Interzone Swim event, their tasks included timekeeping and recording results.

The organiser sent this message: "Lower Hutt Primary Schools and the Hutt City Council were privileged to have the help and support from some Year 9/10 students at our Interzone Swim competition at Huia pool. The students did an amazing job and showed great leadership when given a task. We are grateful to have this relationship with Sacred Heart and those that have helped us this year with different events can be very proud of themselves." Charlotte Goodall, Senior Community Recreation Programmer. Well done to all the students involved in this event. You do an amazing job and it is very much appreciated. Without your support in volunteering for these events the organisers would not be able to run them. Thank you.

Interested in Hosting an International Student in 2023?

Sacred Heart College is looking for caring families to host international students for short and long term stays next year. Hosting an international student is a fantastic opportunity to learn more about other cultures and forge life-long friendships. The homestay fee is \$310 per week, which includes providing the student with their own bedroom and three meals a day. Please get in touch today with our Homestay Coordinator for more information and an application pack at homestay@sacredheartcollege.school.nz

Performing Arts

The Mini Sing

On Tuesday, 30 August, Sonore Choir was privileged to attend The Mini Sing, and we also had the honour of hosting it at our school! The Mini Sing was a day for all Catholic schools in the Wellington region, to come together and sing. We were joined by many students and had a great time singing together. We sang fun songs to warm up our vocals, and at the end, each school presented an item to sing. We formed such great connections talking to students from other schools, and hearing people's beautiful voices during The Mini Sing.

Chyna Ivona 11MI



Barbershop Young Singers in Harmony National Convention

It has been a true honour to attend this year's Barbershop Young Singers in Harmony National Convention held in the Regent Theatre in Palmerston North on 21-22 September. We competed altogether as the Sweet Hearts Chorus and some of us also competed as part of our two Quartets, ChiLLi Pepperz and Major Decibelles.

I'm part of ChiLLi Pepperz. We worked hard and rehearsed almost every single school day and we performed two songs titled "We go Together" from the hit 70s film Grease and "Somewhere Over The Rainbow" arranged by Ed Waesche. We felt sick, nervous, and excited all in one, and got up on stage in front of hundreds of people, judges, and other performers. We performed with passion and courage as a group. Overall, this experience has opened my eyes to new friendships and to new performing experiences. I appreciate all the hard work our teacher Miss Kriechbaum has done for all of us, and I appreciate each Barbershop member for putting in lots of effort to be able to sing these songs together on stage.

Angel Wood 12TN

WelTec Chefs' Visit

After a break due to Covid the Chefs from WelTec were back at SHC with their teaching programme. Ray and Rob took the Senior Food and Nutrition classes for a dessert practical. On the menu was a chocolate brownie served on a berry coulis. The brownie was decorated with a piped berry mousse, baby meringues and a baby brandy snap. The best part for the students was sitting down to eat their dessert creations.

Ms Brigid Gilmore





Pō Whakanui

Māori Success Evening

The inaugural Pō Whakanui was held on 20 October 2022 celebrating and acknowledging the successes of our Māori students. The theme was Matariki with the awards connected to and named after individual stars in the Matariki cluster. The awards were designed and presented by past pupil Dani Renata. Thank you to Whaea Frost and the team for a wonderful celebration.

Maddison Henderson

Tupuārangi Award



A star representing gratitude and appreciation. Awarded to a student in recognition of her mahi towards sharing of herself in the work of our tupuna. This student has shared her skills and her time with others.

Reremoana Gillies-Walker Waipunarangi Award



Waipunarangi reminds us that what you give to other comes back to you. Awarded to a student for her extraordinary commitment to her Te Reo Māori me ona tikanga. Who shares her knowledge of Mātauranga Māori to make connections with other students.

Raniera Sisley Tupuānuku Award



Tupuānuku is linked to Papatūānuku and the produce from the land.

Awarded to a student who has demonstrated kindness and humility and demonstrates, school values.

Alice Hoerara-Hunt Hiwa-i-te-rangi Award



The star is connected to growth and shows promise for the future.

Hiwa-i-te-rangi is the youngest of all the stars in the cluster so it is fitting this award will go to a young achiever. Someone who has shown great potential in her schoolwork and in everything that she does for her education.

Aayla Toman Ururangi Award



Ururangi is described as a star that represents the hard work that impacts the community health and wellbeing. This award is a recognition of the student's contribution to school Hakinakina and Hau ora.

This award goes to a student who has represented her kura, whānau, hapu and iwi.

Josie Tapa Waitī Award



The star connected to fresh water that is essential for health and wellbeing and used for all manner of Māori ceremonies.

This award is for a student's work in the school and community. Someone who is always kind and positive and very respectful of teachers and school environment.

Leah Vidal Waitā Award



This star represents the ocean and sea creatures.

This award goes to a student who delivers her message to the world and benefits; associated with innovation and the future. She shows generosity and care for others.

Amahre Edwardson Matariki Award



Matariki is our Tuakana Award

This award goes to a student who has demonstrated courage, passion, perseverance, leadership, and humility in all things Māori.



WE HELP WITH:

rude behaviour • pushing boundaries • technology and device use • sexual behaviour • separation • blended families • parenting alone • anxiety and depression sibling rivalry • bullying • tantrums • self-harming refusing to go to school ... and much more.



Sport News

Sports Awards

At the end of last term we held our annual Sports awards. We were very lucky to have ex-student and Captain of the White Sox, Dr Lara Andrews, as our guest speaker. Lara gave an inspirational talk to



our students about her sport and academic journey and presented the Lara Andrews Cup to this year's recipient for "Sport and Academic Excellence" Gabriella Serpa

The top award winners were:

Student Coach of the Year - Brennan Cup	Angel Wood 12TN
Netball Umpire of the Year - Stenchman Cup	Anahera Carter 13RH
Coach of the Year	Chris Porteous (Basketball)
Team of the Year	Senior Water Polo Team
NZ Representative Basketball U15 Team (Reserve)	Mya Tipene-Tagoai 11CB
NZ Representative - Softball Junior White Sox Squad	Aayla Toman 11MI
NZ Representative - Powerlifting (U57kg)	Zaviera McMillan 12RL
Most Improved Athlete - D J O'Keefe Cup	Kiana Uriarau 11BD
Sporting and Academic Excellence - Lara Andrews Cup	Gabriella Serpa 13RH
Outstanding Contribution to Junior Sport - VHS Cup	Isabel To'ia 10DH
Outstanding Contribution to Senior Sport - Sport's Department Cup	Stowers, Victoria 13GT
Team Spirit and Sportsmanship - Leifi Netball Cup	Jaylaleiana Leleisiuao 10BG
Best All-Rounder - Keeting Trophy	Isabel To'ia 10DH
Junior Sportswoman of the Year - Clare Duggan Cup	Isabel To'ia 10DH
Senior Sportswoman of the Year - Keelty Trophy	Keira Smith 12TN

A full list of sports awards results will be on the website next week.

Rugby League

Riana Le'afa-Paki (10AG), Fanua Rimoni (10LE), and Aayla Toman (11MI), were selected to play in the Wellington Orcas U16 girls' team and played at the National tournament held in Taupo during the holidays. The team were finalists but were runners up to Counties Auckland. Aayla joined the Orcas campaign from Australia on the back of her NZ White Sox campaign in Australia.

From this National tournament Riana and Fanua were selected for the tournament team. The tournament team would be Kiwi Ferns if they were in the Women's grade but for this inaugural team, they have been named Aotearoa Whanui U16s.





At the National Pacific Youth Cup, Fanua and Aayla were in the NZ Māori U16 team (the tournament team selected at the NZ Māori tournament). Riana was also selected for the NZ Māori team but opted to represent for Fetu Samoa U16. All three played in the grand final where Fetu Samoa took the inaugural U16 championship title.



Equestrian - Dressage

Congratulations to **Savannah Allen** who competed at the Solway interschool dressage competition last week. She placed 3rd in the first dressage test and improved in next test with a 2nd placing. This was a great achievement as this was her first time competing in dressage.



