

SHC Heartbeat

Whatever you do, work at it with all your heart

Issue 14
September 2021



From the Principal

| | |
|----------------------|---------------------|
| Kia ora koutou katoa | Namaste |
| Talofa lava | Welkom |
| Fakaalofa lahi atu | Herzlich Willkommen |
| Kia orana | Witamy |
| Mälō e lelei | Nĩ hǎo |

Kia kaha te reo Māori

Let's make the Māori language strong

As I write this, we are still in Delta Alert Level 2 and thankfully back at school, albeit with a few restrictions. It was wonderful to greet staff and students back last week and to reconnect after our three-week period of lockdown. It was apparent from responses from individuals that we all had varied and different experiences in those three weeks. Some flourished and loved the on-line learning environment whilst others could not get back to school quick enough. The isolation was not their thing. As has been said so often, we are not all in the same boat, but we are all in the same storm, so it is important to be kind always. Behind a smile could be a struggle.

He aroha whakatō, he aroha puta mai.
If kindness is sown than kindness you shall receive.

This week is Te Wiki o Te Reo Māori, and we will be encouraging staff and students to embrace the language and have the strength to use it as often as possible not only this week but always – Kia Kaha Te Reo Māori.

We have had to make changes to our calendar in relation to alert level requirements and some activities have either been postponed or cancelled.

For the latest updates and calendar changes go to our website. This will be regularly updated as information or changes to alert levels come to hand.

Nō reira, tēnā koutou, tēnā koutou, tēnā koutou katoa

Maria Potter, Principal

Books for Young People Experiencing Anxiety

Books for children:

Hey Warrior and Hey Awesome (Karen Young)

explain anxiety to children so that they can understand it and learn to manage it.

Aroha's Way (Craig Phillips)

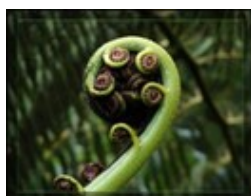
a picture book for children around uncomfortable emotions; fear, apprehension, worrying thoughts and nervousness, with ways to manage them

Books for teens and young adults:

The Illustrated Happiness Trap: How to Stop Struggling and Start Living (Russ Harris)

When Life Gives You Lemons
(Celia Painter and Abbie Kriebel)

Stuff that Sucks (Ben Sedley)



What's On

Check the school calendar at
www.sacredheartcollege.school.nz

Week 8B Alert Level 2

Theme: Keep Learning/ Mana Tipuna

Te Wiki o te Reo Māori – Māori Language Week

16 Sept No Uniform Day – Gold Coin Caritas Fundraiser
Phone Free Day

Big Sister Programme (Library) 3.30pm

17 Sept Senior Basketball Semi-Finals (no spectators)

Week 9A Alert Level 2

Theme: Keep Learning/ Mana Mātauranga

20 Sept Te Kura Practice Exams

HV Prem 1 Netball Finals (no spectators)

21 Sept Phone Free Day

Junior Basketball Finals (no spectators)

22 Sept Phone Free Day

23 Sept Phone Free Day

CSW Hockey Finals (no spectators)

24 Sept Senior Basketball Finals (no spectators)

26-29 Sept Y12 PE & SPS Ski Trip

Looking ahead:

27-29 Sept Yr 13 SOS Trip to Napier

29 Sept Board of Trustees Meeting (Library) 7.00pm

1 Oct Last Day of Term 3

NCEA Updates



On Thursday 9 September, the Government announced further changes to NCEA for this year's students. For students disrupted by 16 days of alert level restrictions this year the following will apply:

Learning Recognition Credits (LRCs)

- for every five credits a student earns, they get one extra LRC
- students at NCEA Level 1 are eligible for up to eight additional credits
- students at NCEA Levels 2 or 3 are eligible for up to six additional credits

Endorsements – no change to normal requirements

University Entrance – no change to normal requirements

Where the changes to the examination timetable have resulted in a clash between an examination and an existing commitment you can arrange to sit your examination at another school examination centre. Please see Mrs Sewell for this process. If this does not work, you can apply for pre-approval for a derived grade. [Pre-approval for derived grade](#)

Korero ā Whānau

The conferencing planned for this term will not take place in person. However, senior students who are deemed at risk of not passing Level 1, 2 or 3 this year can expect an email or a phone call, from either their subject teacher or Dean in Week 9. This will be to discuss next steps in your student's learning. If you do not receive any communication this means that we are satisfied with your student's progress.

The weekly progress reports and the portal provide the most up-to-date information. If you do have concerns about your student's learning, please do not hesitate to email the subject teacher or the year level Dean. We appreciate your continued support.

Principal's Awards

Māori – For being exceptional in their mahi, sending in work to mark and completing their assessments: **Hineake Tevaoha Timotea, Rossleigh Wharehinga, Peyton Loader, Reremoana Gillies-Walker, Nina Owles**

Social Science – For gaining their Advanced Level 5 in Treaty of Waitangi lockdown assignment: **Riley Taylor, Viktoriya Lyubich, Bea Pelayo, Ruby Hall, Raven Manfrinati, and Zara Joe**

Classics – For working hard on their Year 12 assessment Classics assessment: **Renee Payne and Samantha Weir**

Science – For working exceptionally well in lockdown: **Jada Cant and Sesilia Nei**

Technology – For being outstanding in Year 9 Technology: **Keevie Scott-Grigg, Josie Cox, Keira Eastergaard, Caitlin Barber and Zoe Byrne**

English – For their hard work, enthusiasm, and positive attitude: **Breanna Groves and Abby Miller**

Ava Ricketts for her amazing efforts in continuing her engagement with online learning in English

Amelia Gray and Paige Hartzuiker for their fantastic efforts in completing the tasks set for them in English

Religious Studies – **Lily Casley**: for her hard work and diligence in online learning

Riya Bhide: for her continuous hard work, diligence and conscientiousness

SHC Lockdown Neighbourhood Photo

Task: Take a local walk and fill each box with a photo of the description. (Parents, caregivers, siblings and pets all welcome to be part of your home team). Send your results to your PE teacher.

| | |
|-------------------|---------------------------------|
| Daffodils | A street sign |
| A green letterbox | A photo of you outside |
| A red car | A cat |
| A dog | A tree without leaves |
| A red brick fence | A Give Way or Stop sign |
| A wheelie bin | Something that you find unusual |

Classwize

At Sacred Heart College we are trialling a new tool for teachers called *Classwize*.

This tool is designed to help teachers manage your student's Internet journey during class time, to improve engagement, and help reduce distractions during learning time. The tool also filters out inappropriate and unacceptable Internet traffic.

The *Classwize* dashboard can see screenshots of what a student is working on in real time and the browser tabs that are open. Teachers can open appropriate websites for topic-based content, reduce distractions by focusing classes or students on specific websites, and even pause the Internet to allow for class discussion and interaction. This tool will also be used to monitor students while completing digital exams, a system currently used by NZQA. We see *Classwize* as an essential tool to support your daughter's use of the Internet on their digital journey, and we hope you do too.

You will receive more information about this tool via email.

If you have any questions, please contact Mrs Maria Kerr kerrm@sacredheartcollege.school.nz



Sport News

Term 4 Sport registrations are now open. Log onto the school portal and go to Activity Registrations for more details. Futsal, Touch, Volleyball, Water Polo.

Revised Dates

Sadly, there will be **no spectators at any events played under Level 2**. However, we will advise you of any live streams that are available.

All the best to the following teams for their finals:

Thursday 16 Sept **Hockey 1st XI P3 Top 4 Final Games**

Friday 17 Sept **Senior A Basketball** Premiership Semi Finals SHC v Mana

Monday 20 Sept **HV Prem 1 Netball** Finals SHC v Heretaunga

Tuesday 21 Sept **Junior Basketball** Premiership Finals SHC v St Mary's

Thursday 23 Sept **Hockey 1st XI P3 Top 4 Finals**

Friday 24 Sept **Senior A Basketball** – Premiership Finals

Sport Awards:

- **SHC Sport Awards** New Date – Thursday 4 November at 6.30pm.
- **College Sport Wellington (CSW) Awards** – 7 November

Netball

Congratulations to the following Netball teams for making their finals

Premier 1 – Senior A Team: Final on 20 September

Premier 2 – Junior A Team: Winners - congratulations to the team, Fati and Charmaine



Collegiate 3 – Kea Team

Collegiate 6 – Kereru Team: Winners - congratulations to the team, Anya Hape and her management team.

Collegiate 7 – Hoiho Team: Winners - congratulations to the team, **Nicole Hayes** (13NP) and her management team for winning Collegiate 7. Nicole coached two teams this year and both made the finals. Congratulations Nicole.

Netball Wellington Awards

Congratulations to **Eileen Polu** who was awarded "U18 Black Team" Player of the season.



Bella Penman

Kia ora, my name is Bella Penman, and I am very interested in representing all of you as your student voice on the Board of Trustees for 2021-2022.

The reason why I would like to be on the Board is to advocate on your behalf for the issues that are relevant to all of us, most importantly the Hauora of every girl at Sacred Heart. If I was on the Board, I would do my absolute best to help make SHC an encouraging, friendly environment for all.

My interests include volunteering like Young Vinnies and giving my knowledge to others; I have thoroughly enjoyed coaching a Year 9 netball team this year. I'm incredibly enthusiastic and approachable, I warmly welcome all your opinions and ideas and I promise that if I was on the Board, I would support you the entire journey. I'm very much a people person, love being around others and learning at every opportunity I can.

Being on the Board is a great opportunity for me to help all of you, and make sure that you all feel like you're being heard, as you all deserve to be heard.



Krisha Raju

If you asked my friends, they would probably say I'm an outgoing, cat-obsessed music nerd. If you asked my teachers, they would probably say I'm a determined and ambitious girl, always aiming for those E's.

No matter what I do, I make sure to put all my hard work into it. I'm known for my 'what can we do more, and how can we go over and beyond?' attitude, regardless of the task at hand. My name is Krisha Raju, and I am running for your next Board of Trustees representative for 2021-2022!

Whenever there's an obstacle in my way, I enjoy the challenge and overcome it. I work effectively under pressure and am not afraid to rise to the challenge. I am a team worker with an open mind to consider all interpretations. With your support and feedback, I can incorporate everyone's ideas into the Student Representative role, ultimately leading to a better Sacred Heart College.

I am a firm believer that all students make up our school, not only our school leaders. Being the Board of Trustees' Representative won't just be about me, but what we can accomplish as a sisterhood. Each and every one of you contribute to the culture and successes of our college, and I want to make sure that through my representation, we can demonstrate how much we all have to offer. All the hard work is done for and with all of you!

As a Kiwi-born Fiji-Indian girl, I know what it's like to be in the minority. I believe that my own experiences can help me connect with everybody and leave no one out. There is no doubt that more South Asian and Pasifika representation is needed in the school, so my primary goal as the Board of Trustees' student representative is to give our minority groups a voice. A voice that can be heard to ensure everyone reaches their full potential. Whether it be as a school, or as individual young women, together, we can reach new heights to shape our community, leaving a lasting legacy for years to come.

I'm Krisha Raju, and with your help, I can be your voice in the school!

Board of Trustees Election

Student Representative Candidate Profiles



Lola Hawthorne

Kia ora everybody, I am Lola Hawthorne of 11BH, and I am running to be the student representative for the Board of Trustees in 2021.

At school I am already part of the sports council and special character council, and I have a desire to make our school a better place. I am a great leader and not afraid to speak up and share my opinions with those who can implement a change in our school community.

I think I should be a member of the Board of Trustees because I am a very approachable person and I get along with everyone, meaning everyone's thoughts and ideas will be heard. I am a very hard worker and with an outstanding work ethic and I strive for perfection in everything I do at school. Which will include representing all of you as our student rep on the Board of Trustees.

Some of my interests are spending time with family, playing sports mostly netball, and having fun with my friends. I also love music.

If I get voted to be our 2021-2022 Board of Trustees Student Representative, I promise to attend every meeting and try my best to make every voice heard.

Thank you.