

SHC Heartbeat

Whatever you do, work at it with all your heart



Issue 5
April 2021



From the Principal

Kia ora koutou katoa	Namaste
Talofa lava	Welkom
Fakaalofa lahi atu	Herzlich Willkommen
Kia orana	Witamy
Mälō e lelei	Nǎ hǎo

Mana Tipuna

A Heart for Ancestors

- ♥ I wear my uniform with pride
- ♥ I respect all cultures and different points of view
- ♥ I help others when needed
- ♥ I am a positive role model in building our sisterhood

We have come to the end of a busy term. One that has made me proud of both staff and students. We have worked hard to be able to offer our students a wide range of learning opportunities both in and out of the classroom. Just in the last few days alone we have had field trips, Relay for Life, a Student Council sausage sizzle, a beach clean-up and celebrated Lourdes Feast Day. This holistic approach to student learning is one that we value and enables students to grow, learn and thrive both in and out of the classroom.

Earlier this term we welcomed Miss Eliza Bengé to the Learning Support team. At the end of this term, we will be farewelling Miss Elle McKay who is leaving us to return to her hometown of Hastings. We thank Miss McKay for her work with us. She has been fully committed to our school and students over the last year and we wish her all the very best in her next endeavour. Miss Nicola Blacklaws will be joining the PE department for the remainder of this year and we welcome her to our team.

Ms Sharon Lapwood will be taking parental leave at the end of the term. We wish her and Sam all the very best for their new arrival.

Thank you for your support over this term, we could not do what we do without our community.

Nō reira, tēnā koutou, tēnā koutou, tēnā koutou katoa

Maria Potter, Principal

Sacramental Programme

We will begin our Sacramental Program next term and we invite any students who are interested in Baptism and/or Confirmation, to join us. If your daughter would like to participate, even if they simply want to explore their Faith outside the classroom, please contact me via email: taylorr@sacredheartcollege.school.nz. We will take this journey with our brother school, St Bernard's, and sessions will be on a Thursday afternoon within school time. There are ten sessions in total. Details of a parent information evening will be sent out when the list of participants is finalised. I look forward to hearing from you or your daughter soon. *Mrs Rebecca Taylor, Director of Religious Studies*

Caritas Leadership Day

In week 9, six members of our Special Character Student Council attended the Caritas Justice Leadership Workshop with other Catholic School students from the Archdiocese. They enjoyed a challenging day, exploring what it means to be a Leader with Catholic principles, and the importance of sharing resources and helping each other. They also had a lot of fun making new friends and reinforcing existing friendships.

As always, our students made us proud with their enthusiasm, keen intelligence and their developing sense of self-confidence.



What's On

Check the school calendar at www.sacredheartcollege.school.nz

Week 11B – Theme: Give/ Mana Tangata

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|-----------|--|
| 14 Apr | Phone Free Day
Homework Club
Māori Achieve (Atawhai) 3.30pm
Kapa Haka (PAC) 4.30-6.30pm
Whānau Hui (Atawhai) 6.30pm |
| 15 Apr | Phone Free Day
No Uniform Day (Vinnies Fundraiser)
Big Sister Programme (Library) 3.30pm
Poly Group (PAC) 4.30-6.00pm |
| 16 Apr | Last Day of Term 2 |
| 19-30 Apr | Term Holidays |

Term 2

Week 1A – Theme: Give/ Mana Tangata

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|-------|--|
| 3 May | 2022 Enrolments Open |
| 4 May | Phone Free Day |
| 5 May | Phone Free Day
Homework Club (Library)
Māori Achieve Programme (Atawhai)
Kapa Haka (PAC) |
| 6 May | Phone Free Day
Weltec Visit (F1) Lunchtime
Big Sister Programme (Library) 3.30pm
Poly Group (PAC) 4.30-6.00pm |

Looking Ahead:

11 May Ministry of Education Teacher Only Day

Volunteering

Capture the Flag

On Tuesday 23 March Sacred Heart College volunteers went to Hutt Park in Seaview to assist in the Capture the Flag tournament for Year 5–8 students. Capture the Flag is a traditional outdoor sport where two or more teams each have a flag and the objective is to capture the other team's flag, located at the team's "base", and bring it safely back to their own base. The event is organised by Lower Hutt Primary Schools Sports Association (LHPSSA). The students helped in this event by organising the participants, scoring and encouraging the teams.



"Me and my friends enjoyed helping and watching the Primary schools play Capture the Flag. They all did really well and had lots of fun. We hope that we will be able to have another opportunity like this later on in the year. Thanks for letting us come to the tournament."

Summer von Hartitzsch 10EM

Fundamental Movement Skills/Games Day

On 7 April, we gave thanks to the Lord above, for providing the hottest and sunniest day for our Sacred Heart girls to give a helping hand in the community. We had an amazing chance to create bonds with children in years 1-4, at the LHPSSA Fundamental Games day at Hutt Park.

We had many games that involved touch balls, basketballs, hurdles, hula-hoops, and gymnastics, and more. There was an enormous number of children participating, and they had such big smiles on their faces while completing the first round of games. It made the SHC girls wish that we could still be that young and just forget about the real world.

We got to work alongside Tara and Emily who were the organisers for the day. It was such a pleasure just to help and serve others outside the school community, and especially when you see cute little faces waving hello and goodbye after the fun time they had.

From start to finish we had an amazing day. We hope we get the opportunity to work outside in the school community again as we had fun in the roles we undertook which included: bus marshal, running the games, communicating with Emily and Tara on the walkie talkies, using the horn every time the children rotated to each game and just being there to encourage the children. We were blessed to be part of this action-packed day.

Luta Matagi, Volunteer 13SD



Parliament Visit with Grant Robertson

On Thursday 1 April, **Brierley McMillan, Jade Fernandez** and I, were lucky enough to be invited to meet Grant Robertson in his office at Parliament. Here we sat alongside three Kāpiti College students, and two Wellington East girls to discuss Economics with our Deputy Prime Minister.

We were greeted with morning tea. We then discussed budgets, housing, the new minimum wage, and got some new great learning and understanding of how the budget for the whole country is worked out. The Deputy Prime Minister gave us a guided tour around Parliament, and he also explained a lot of what happens when Parliament is in session.

Getting an insight inside the debating chamber, meeting Frankie the Parliament dog, and learning about the history of the building was an opportunity we all will never forget. We were so honoured to represent Sacred Heart, and stand alongside our Deputy Prime Minister who is one funny bloke.

Stevie Smith, Head of Sport



Writers' Retreat

One van, one car, and four long hours of driving later, the Sacred Heart Writers' Academy finally made it up the Whanganui River Road to Hiruhārama/Jerusalem. Despite the lack of nuns in our group, we stayed in a retired convent over the weekend enjoying a writers' retreat. As you could expect, the secluded nature of our accommodation and the lack of cell phone coverage provided a relaxing and inspiring environment. We had four writing workshops during the weekend which produced a range of creative poems and short stories.

Mrs Bronwyn Davies



National Youth Jazz Festival

SHC's jazz combo, Route 65, travelled all the way to Tauranga in Week 9 for the 43rd National Youth Jazz Festival. To say it was a great experience would be an understatement. We got to witness so many people our age have so much passion and talent for jazz and it was a huge inspiration for us as musicians (admittedly it was quite humbling too). It was also the most fun to travel with such an incredibly talented and entertaining group of people who made the trip unforgettable. A huge thanks to Mr Isaacs and Mrs Russell for painstakingly driving us the way there and back and for giving us this amazing opportunity. Overall, I'm so proud of everyone and honestly wish we could go back.

Stephanie Cay Portugal 11JG



Lourdes Feast Day

It was such a beautiful day to celebrate St Bernadette the founder of our house. Our liturgy ran smoothly and everyone loved how it went with the music we planned. The students were very fond of the songs we had chosen. The shared morning tea was to appreciate how amazing our house is, how we work together and look after each other. To complete our Feast Day we played games outside in the beautiful sun. It was a good celebration and a lovely opportunity to come together.

Eileen Polu, Lourdes House Captain

Year 9 Kete

Year 9 students have been researching and creating artifacts which symbolise their cultures and sharing these with their classmates as part of this term's 'Our Place in the World' theme. Students have commented on how surprising it was to have so many different cultures represented in their Ako classes. Teachers have commented on the effort students have made and how great it is to see students' pride in their cultures.

Mrs Anna Peszynski



Easter Collection

Kia ora, during this Easter season, we decided as a school community to give families the 'Easter experience' they so much deserve.

This meant, that each day the week before Easter, everyone brought in Easter treats at interval. These were then shared between the Wellington City Mission and Lower Hutt Women's Refuge who were then able to spread them out to the families around the Wellington region.

As this was a House event, every item of chocolate that was brought in was weighed and recorded in a table. Collectively, the school was able to gather just shy of 15kgs worth of chocolate! The winning House which brought in the most chocolate in weight was Avila, followed by Lourdes, then Barbier, Lisieux, Aubert and Siena.

This was such a good opportunity to give back to our local community, and to ensure the Easter Bunny spirit is kept alive in households around the Wellington region.

Thank you so much to everyone who contributed to this collection and we hope there are many more to come!

Brierley McMillan, Avila House Captain



**Ehara taku toa, he takitahi,
he toa takitini**



Summer Sport Roundup

NZSS Waka Ama – Blue Lake, Rotorua

On 22 March we were lucky enough to attend the NZ Secondary School Nationals for waka ama in Rotorua where we took a team of six to the week-long paddling event .

For our first day of racing we teamed up with some paddlers from St Pat's Silverstream and made an U19 mixed team. The team placed 3rd which took us to the finals. We had one of the fastest times but came 9th in finals with a 4 second difference between us and first place.

We then had two different races throughout the week and progressed to finals for one and missed out on a place in finals for the other by a split second. Our aim for this year's Nationals was to be able to take a team of girls and let them enjoy their time of paddling at a competitive level. Each day our girls paddled better than the day before and it was clearly seen on the water that their time and effort paid off.

This competition wouldn't have gone ahead without the endless support and help from our girls and parents. It was a long process to finally get a waka ama team, but we did it and it is definitely a lesson that we will be able to look back at in the future. We're super proud of the team and all they did to make this happen. *Maia-Sian Barber and Stevie Smith*



NZSS Rowing (Maadi Cup) - Lake Karapiro, Waikato

On 22-26 March the Sacred Heart College rowing team went to the Maadi Cup, National Secondary School Rowing Championships. We competed in the Under 18 Novice category for the four, quad and double. It was a really great experience to be amongst people who all have one thing in common. The atmosphere of about 2,600 athletes was one of the main highlights. Schools were supporting other schools but still keeping the healthy competition in the mix.

Another highlight was the actual racing part, putting our all into the race and having fun whilst doing it. We are very grateful we had the opportunity to compete.

Peyton Loader 11JG



Futsal

Congratulations to our Futsal teams for a great season. Junior 1 Team won the Plate final for the HV Senior Div 2 competition.

Junior White Team won the Plate final for the HV Junior Division 2 competition.

NZSS Volleyball - Palmerston North

I would not want to have spent Nationals 2021 with anyone else but our amazing young women. This was the youngest team from Wellington in the highest division of top 32 and these fine young ladies, against much more experienced players, held their heads and hearts with dignity and mana, as only our sistahood could. Our Premier Team made up of mainly junior players, placed 3rd in Division 2 and brought home Bronze medals for the Team.

Tessa Siolo-Thompson, Volleyball Convenor



Volleyball Premiership Title

Congratulations to the Premier Girls Volleyball Team who won the College Sport Wellington Premiership title last week. The last time we won this title was in 2014 so it's great to be College Sport Wellington Champions again.

T20 Cricket

We had an awesome few days with fantastic efforts from our girls and major improvements compared to the weekly games. Our closest and best game was against St Mary's where we came just short of the total in the last over. It was a very unlucky loss. However we enjoyed the whole tournament immensely. Huge thanks to coaches Kieley, Alex and Paul, as well as my amazing team for all the hard work they've put in.

Anya Dunlop-Brown

Regional Athletics

Congratulations to students who won medals at Wellington Regional Athletics.

Paloma King – 1st Junior Long Jump

Isabel To'ia – 1st Junior Shot Put and 1st Junior Discus

Anya Dunlop Brown – 2nd Senior Hammer Throw and 1st Senior 100m Hurdles

Tayla-Kei Rahui-Laulau – 1st Senior Javelin

Netball – Senior A and B Teams – Guest Coach

Our Senior Netball teams had a guest coach this week. We were lucky to have Silver Ferns Captain Ameliaranne Ekenasio take the teams through a skills session.

This is a great start to the season for the students and I am sure they all got a lot out of the session. Thanks to Delwynn Walker, Senior A coach, for organising this experience for our netballers.

CSW Golf Final

Philips Cup

Mia Scrimgeour and **Bea Pelayo** won the CSW Golf Final this week. Team member **Uryah Time** didn't play this week. Congratulations on your win.

(Pictured L-R Uryah Time, Mia Scrimgeour and Bea Pelayo)

